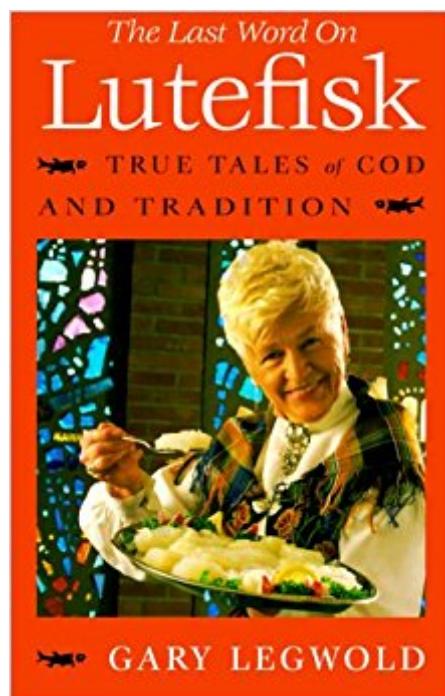


The book was found

The Last Word On Lutefisk: True Tales Of Cod And Tradition



Synopsis

The Last Word on Lutefisk provides you with the most comprehensive collection of facts, fiction, and folklore surrounding this simple fish with the unforgettable scent. Here, a historical account of this colorful lutefisk tradition is mixed with homespun tales, humor, tours, poetry, lyrics--even lutefisk cheers! You will find: * Old country travel and lutefisk lore * Tales of Norse fishermen--and great color photographs * Why lye is used in soaking the fish * Secrets of making your own superior lutefisk * Why lutefisk does not build character--it reveals it * A directory of the 300 finest lutefisk dinners in North America A taste of both culture and culinary traditions, The Last Word on Lutefisk invites you to partake in this peculiar, exuberant Scandinavian feast.

Book Information

Paperback: 208 pages

Publisher: Conrad Henry PR (October 1, 1996)

Language: English

ISBN-10: 0965202704

ISBN-13: 978-0965202701

Product Dimensions: 8.4 x 5.5 x 0.6 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 4 customer reviews

Best Sellers Rank: #1,155,785 in Books (See Top 100 in Books) #59 in Books > Humor & Entertainment > Humor > Hunting & Fishing #300 in Books > Humor & Entertainment > Humor > Cooking #383 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fish & Seafood

Customer Reviews

"The Last Word on Lutefisk is a very pleasant read that explains in detail and with great color, and black and white photographs how the cod is caught outside the Lofoten Islands of the Norwegian coast, hanged up to dry, transported to the U.S. where it is soaked in lye and rinsed in water in preparation for the feast. The book is full of lutefisk lore and even tackles the inevitable humor in one chapter. There is an exhaustive directory to the amazingly many lutefisk dinners around the continent." "Legwold has already won some critical acclaim for his lutefisk book. It was named a finalist in the Minnesota Book Award (nonfiction category) and the Midwest Book Achievement Award (humor category).... "Legwold walks through the cod cod fishing industry showing how this single solitary species of fish has become part of a legend for Scandinavian people. Even that

carries a spiritual quality. "All is not somber and reverent, however. Lutefisk eaters have a sense of humor. "With his own 'subtle' sense of humor, Legwold describes lutefisk dinners here in the States and paints an American portrait of Scandinavian people that is ripe with 'characters.' ... "Being of Scandinavian descent is not important; not even having eaten lutefisk is irrelevant to what comes through in the text. Legwold introduces a tradition, people, and a way of life that may be out of the ordinary for many of us, all done with a delectable sense of humor. -- Wadena Pioneer Journal"An often indispensable Christmas treat in Norway and Sweden, lutefisk has an all year round following in many Scandinavian American circles. To understand this fish you should read Gary Legwold's interesting book *The Last Word on Lutefisk* and try his recipes, or sneak into one of the many lutefisk dinners that take place around this time of year.... -- Scandinavian Press

Gary Legwold is a Minneapolis writer whose mid-life crisis involved learning to truly like lutefisk. His first book, *The Last Word on Lefse*, tells of the good folks behind the fine tradition of lefse making. Mr. Legwold also writes about health, fitness, finances, and parenting for many national magazines.

While the first time I've actually eaten lutefisk was a couple of years ago, it was a part of my culture as I grew up. I'm ethnically Swedish, but grew up in the Twin Cities, MN where the Norwegians had a very strong presence. And so- I grew up knowing about lutefisk, though not actually encountering it for myself!This book is an excellent resource for the lutefisk-curious. It covers pretty much everything, from the history, to the context, to the rep (including if one wants to go really Old School and make it complete from the dried fish, including doing the lye soaking! I must admit it tempts me...).My interest in lutefisk is twofold: as a part of the culture in which I grew up, AND because I am fascinated by traditional foods, especially food preservation before refrigeration. Lutefisk is a unique approach to fish preservation; most cultures salt and/or smoke. One wonders how the originators came up with this method...There is also a decent store of (bad) lutefisk jokes and entertaining lutefisk anecdotes, plus a long list of where in the US one can find lutefisk suppers (alas, MA, my current state, has none listed though I know they exist).Now: I did try lutefisk a couple of years ago. I was not an instant convert. It was OK... but pretty weird. I started with the pre-prepped frozen stuff, though, and probably would have been happier if I'd brined it a bit to firm it up some before cooking- which lesson I learned from this book. If I can find a source of the frozen, I'll make it again for the Christmas season. My husband actually did like it pretty well!And someday, I'll get a dried hunk of stockfish and do the whole damn thing. Since it is a stinky process, I will wait until I have found a cheap picnic cooler at a yard sale and dedicate it to the procedures.If one has any interest in lutefisk

at all, I do really recommend this book! I am looking forward to reading the same author's book on lefse- which is a LOT more accessible and generally yummy.

Got this as a Christmas gift for my Dad who loves his Swedish heritage. He loved it. It is the perfect gift for any lutefisk lover.

I thought this book would better explain the lutefisk phenomenon. It most certainly does just that...it has the last word for sure.

Really interesting to read about this Scandanavian tradition. Bought book for friend to learn more about Lutefisk and ended up reading it to expand my knowledge and discuss topic with her just before she went home for X-mas and have grandma make Lutefisk as is their tradition.

[Download to continue reading...](#)

Warriors Word Scramble: Word Scramble Games - Word Search, Word Puzzles And Word Scrambles (Word Games, Brain Games, Word Search, Word Search Games, Word ... Scramble, Word Scrabble, Unscramble Word) The Last Word on Lutefisk: True Tales of Cod and Tradition The Cape Cod Bike Book: A Complete Guide To The Bike Trails of Cape Cod: Cape Cod Rail Trail, Nickerson Park Trails, Falmouth Woods Hole Trail, National Seashore Trails Word Search For Adult 100 Puzzles Book Volume1: Word Search Book Word Find Puzzles Large Print Game (Word Search Book For Adult 1) True Ghost Stories And Hauntings: Eerie True Paranormal Hauntings, Unexplained Phenomena And Disturbing True Ghost Stories (True Ghost Stories, Bizarre True Stories,) Journey Around Cape Cod & the Islands Cookbook: Tasty treats and interesting tidbits from Cape Cod and the Islands! AMC Discover Cape Cod: AMC's Guide To The Best Hiking, Biking, And Paddling (Appalachian Mountain Club: Discover Cape Cod) Cape Cod: Its Natural and Cultural History : A Guide to Cape Cod National Seashore, Massachusetts (O Wildflowers of Cape Cod & the Islands: 206 Wildflowers that Grow on Cape Cod's Sand Dunes, Heathlands, Pond Shores, Woodlands, Bogs and Meadows Cape Cod Seashore Life: A Folding Pocket Guide to Familiar Plants & Animals in the Cape Cod Region (A Pocket Naturalist Guide) 50 Extra Large Print Word Search Puzzles and Solutions: Easy-to-see Full Page Seek and Circle Word Searches to Challenge Your Brain (Big Font Find a Word for Adults & Seniors) (Volume 1) 50 Extra Large Print Word Search Puzzles and Solutions: Giant Themed Circle a Word Searches for Active Brains with Everything Jumbo Sized (Big Font Find a Word for Adults and Seniors) (Volume 3) 50 Extra Large Print Word Search Puzzles and Solutions: The Best Easy-to-Read Circle-a-Word Puzzles With Fun

Themes (Big Font Find a Word for Adults and Seniors) (Volume 2) Adult Activity Book Saucy Swear Words: Coloring and Puzzle Book for Adults Featuring Coloring, Sudoku, Dot to Dot, Crossword, Word Search, Word Scramble, Word Match and more Unscrambled - The Ultimate Anagram Solver for Scrabble, Words With Friends, and most popular word games! (Word Buff's Totally Unfair Word Game Guides Book 3) Swear Word Coloring Book Adults Retro & Pop Art Edition : A Very Sweary Coloring Book: 44 Stress Relieving Curse Word Pictures To Calm You The F**k Down (Swear Word Coloring Books) (Volume 4) Word Search: 100 Word Search Puzzles: Volume 3: A Unique Book With 100 Stimulating Word Search Brain Teasers, Each Puzzle Accompanied By A Beautiful ... Relaxation Stress Relief & Art Color Therapy) Word Search: 100 Word Search Puzzles: Volume 1: A Unique Book With 100 Stimulating Word Search Brain Teasers, Each Puzzle Accompanied By A Beautiful ... Relaxation Stress Relief & Art Color Therapy) Word Search Book Vol.1: 1,000 Verbs for Daily use (Word Search Games Puzzles) (50 Carefully Designed Word Search with Solution to Twist Your Brain Book 1) 101 Word Find Puzzles Vol. 1: Themed Word Searches, Puzzles to Sharpen Your Mind (Large 101 Themed Word Search Series) (Volume 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)